



THE DIVINE LIFE SOCIETY MALAYSIA BRANCH SIVANANDASHRAM, 68100, BATU CAVES

SRI GURU PURNIMA, SADHANA WEEK & SWAMI SIVANANDA MAHASAMADHI PUNYATITHI ARADHANA

The functions referred to above will be celebrated at Sivanandashram from 27th July 2018 as per programme detailed below. All are welcome to participate in the above programmes and derive spiritual benefits therefrom.

1. SRI GURU PURNIMA 27th July 2018, (Friday)

5.00am	-	Guru Puja
6.15am	-	Thought for the day
10.30am	-	Akhanda Nama Bhajan (Japa Yajna)
12.00noon	-	Paduka Puja
12.30noon	-	Prasad
6.30pm	-	Prayers
7.00pm	-	Prayers, Bhajan and Devotional Songs
7.30pm	-	Discourse by H.H. Swami Swayamjayananda Maharaj Topic : Sravana, Manana, Nididhyasana (Part 1)
8.15pm	-	Prasad

2. SADHANA WEEK (28th July 2018-5th August 2018)

6.30pm - 7.00pm	-	Prayers
7.00pm - 7.30pm	-	Bhajan & Devotional Songs
7.30pm - 8.15pm	-	Discourse
8.15pm - 8.30pm	-	Ashtotra Archana, Arati & Prasad
28th July 2018, Saturday-		Speaker : H.H. Swami Samyamananda Maharaj Topic : Bhagavadgita Chapter 12 (Part 1) Ubayam: Sri & Smt. Balasubramaniam & Family
29th July 2018, Sunday -		Speaker : Dr Amirthavally Topic : Spiritual Talk Ubayam: Sri Rada & Family
30th July 2018, Monday -		Speaker : H.H. Swami Jitaatmananda Maharaj Topic : Spiritual Talk Ubayam: Sri Myilvahanam & Family
31st July 2018, Tuesday -		Speaker : H.H. Swamini Skandapriyananda Mataji Topic : Ethical Codes in Hinduism-Yama (Self-Restraint) and Niyama (religious observances) Ubayam: H.H. Swamini Skandapriyananda Mataji & H.H. Swamini Lalithananda Mataji
1st August 2018, Wednesday-		Speaker : H.H. Swami Brahmajnanananda Maharaj Topic : Karma & Realisation (Part 1) Ubayam: Sri Rajan & Family
2nd August 2018, Thursday-		Speaker : H.H. Swamini Skandapriyananda Mataji Topic : Anger Management Ubayam: Sri & Smt. T. A. Segamani
3rd August 2018, Friday-		Speaker : H.H. Swami Brahmajnanananda Maharaj Topic : Karma & Realisation (Part 2) Ubayam: Sri Saravanan & Family
4th August 2018, Saturday-		Speaker : H.H. Swami Samyamananda Maharaj Topic : Bhagavadgita Chapter 12 (Part 2) Ubayam: Dr K Pannirselvam & Family

3. SWAMI SIVANANDA MAHASAMADHI PUNYATHITHI ARADHANA- 5th August 2018, Sunday

5.00am	-	Guru Puja
6.15am	-	Thought For The Day
10.30am	-	Akhanda Nama Bhajan (Japa Yajna)
12.00noon	-	Paduka Puja
12.30pm	-	Prasad
6.30pm	-	Prayer
7.00pm	-	Bhajans and Devotional Songs
7.45pm	-	H.H. Swami Swayamjayananda Maharaj
Topic	:	Sravana, Manana, Nididhyasana (Part 2)
8.15pm	-	Chariot Procession of The Murthi of Gurudev, Ashtotra Archana & Prasad By Sivananda Pre-School Teachers.

*Yours in Divine Service,
Gen. Secretary
P. Balashanmugam*