

AUM

PERSATUAN CARA HIDUP KETUHANAN CAWANGAN MALAYSIA

தெய்வீக வாழ்க்கைச் சங்கம், மலேசியா கிளை

THE DIVINE LIFE SOCIETY, MALAYSIA BRANCH

Object : Dissemination of Spiritual Knowledge

Headquarters :
Divine Life Society,
Sivanandanagar, 249192,
Dt. Tehri Garhwal, Uttaranchal,
India.



Tel : 03-6189 6994
Fax : 03-6187 2789
SIVANANDASHRAM,
68100 BATU CAVES,
SELANGOR.



2ND BASIC YOGA-VEDANTA COURSE

Course Introduction

"Dissemination of Spiritual Knowledge" is the main objective of H.H.Swami Sivanandaji Maharaj. Knowledge or Philosophy of Vedanta gives the right vision of life. It enables an individual to face the situations and problems of life, be it in his profession, family or inter-personal relationship, with ease and dexterity. Clarity of thinking and right vision of life enables peace of mind and efficient living. Spiritual seekers shall be able to understand what spirituality is all about and they could walk the path of sadhana effectively.

The aim of the Yoga Vedanta is not merely academic equipment of students, but to prepare the students for a successful life in the world and to facilitate the living of a wholesome life with an integrated personality and providing students with scriptural learning or textual information.

Course Details

Residential 2nd Basic Vedanta Course.

Registration : 7th December 2016 (6pm)
Course Duration : 8th December - 12th December 2016
Venue : The Divine Life Society (Sivanandashram)
Course Ends : 12th December 2016 (1pm)

- It is open for members and non-members.
- Age group 17 years and above.
- There will be charges of RM50.00. Pure vegetarian food and course materials will be provided.

Qualification

- Preferably keen spiritual aspiration and deep interest in the practice of Yoga Vedanta
- Must be able to converse in English fluently as the medium of Instruction is English.
- Should have sound health.

SERVE, LOVE, GIVE, PURIFY, MEDITATE, REALISE
BE GOOD DO GOOD

- H.H. Sri Swami Sivananda

Scope and syllabus of the course

- The Philosophy of Swami Sivananda, Tattva Bodha Part II, Sadhana Panchakam and Moral Values.
- Practical-Asana, Pranayama, Meditation and Karma Yoga, Group discussion, Question and Answers will form part of the course.

Attire and other requirements

- Dhoti & Jippa (male) and Punjabi dress and Saree (female) for prayers and throughout the course
- Encourage dress in white colour
- Track bottom and t-shirt for Yoga Asana
- Stationeries, note books, toiletries, blanket, water bottle & etc
- I-Pads, Laptops and valuable items to be at their own risk
- Hand phones will not be allowed during the course

Due Date

Application form duly filled in should reach the undersigned by 26th November 2016.

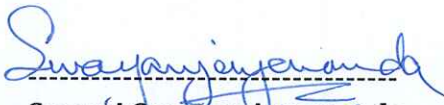
Others

- Only 35 participants will be selected.
- The students who are admitted for the course and complete the training shall give and undertaking that they will pursue and practice the teachings in their life.

For the Application form and prospective please write to:

Swami Brahmajnanananda
The Divine Life Society
Sivanandashram
68100 Batu Caves
Selangor Darul Ehsan
E-mail: dlsashram@gmail.com

In the Service of Lord and Gurudev



Swami Swayamjayananda
President

Note

- i. The selected student alone is expected to come.
- ii. The above syllabus is subject to slight alterations without previous notice, incase such a need arises.